

## Notice for the Winter Sailing Programme

The winter sailing programme published in our event schedule will be run subject to the criteria set out here.

### **The weather:**

We will only sail if the forecast is for favourable conditions.

This is likely to be where the average wind will be less than 14kts and gusts less than 20kts for a true Easterly wind but less if the wind comes from another direction.

It must be forecast to be fine with the air temperature above 10 degrees.

### **The Roster:**

We will need enough support volunteers.

There must be:

A Duty Officer and Race Officer (can be the same person).

A qualified Support/Rescue boat crew.

A cleaning person will be drawn from the sailors present on the day.

### **Sailors:**

We must have the confirmed commitment from at least six Club members who will sail.

### **Safety:**

Winter Sailing carries the risk of Hypothermia where your body loses heat faster than it can produce heat. Hypothermia is often caused by exposure to cold weather or immersion in cold water. The Waimakariri River water temperature is often as low as 7-8 degrees during winter. Dress warmly and minimise time in the water.

### **The notification:**

If you want to be part of any winter sailing event then advise your intention by pre-registering through the website. On the Friday preceding any winter sailing day an assessment will be made as to whether the criteria above can be met and a notice published on the website advising what will happen. Sailors who have pre-registered will receive an email message.

Any questions please email me, address on the website.

Thank you  
Kerry O'Brien  
Rear Commodore  
Waimakariri Sailing Club