

## Health and Safety

So you are reading a health and safety article. I am reminded of a previous life, late 1960's, and how training was done then. There were a lot of maintenance procedures and safety requirements that had to be taught. The medium of choice for teaching these repetitive procedures was to use a short 20-30 minute film. I have only a vague recollection of the content of these films because this was a great chance to get 20 minutes sleep in a darkened room. To counter this there was somewhere a few frames of pornographic content (all male audience in those days). I still slept through most.

Clearly this is not a method that can be used now so the written word will have to suffice. We are officially in winter so can expect freezing temperatures and ice. Ice has a nasty habit of appearing unexpectedly and sometimes in the least expected places. The worst part is that frozen water is often mostly clear making identification harder. On a typical winter day we can start the day with a frost and tread carefully. Then at midday when we take a walk in the warm sunshine our guard is down when we pass through shade behind a building and wham, ice encountered.

Take care and think ahead.

Kerry